Duke Memorial Weekday School welcomes children of all nationalities and creeds, feeling that the inclusion of a variety of backgrounds provides an enriching experience for the students. To establish a firm foundation, our emphasis will be on establishing an atmosphere of love, support, and security, and on building self-confidence. Through play, children learn and polish social, emotional, physical, and mental skills. Play is children's work!

### **Philosophy For Pre-K Program**

In our Pre-k classes, children develop autonomy by practicing self-help/life skills, develop a deeper sense of self by exploring personal interests, become more confident through interactions with peers and teachers, and learn about what it means to be a member of a group. As teachers, we facilitate this learning to take place by planning with intention. We select activities that address our unique group of students' needs and strengths. Age-level activities such as field trips, a Thanksgiving Feast, and an Apple Festival allow Pre-k classes to join together for special learning opportunities. Special visits from fire fighters and others enrich the curriculum.





### Curriculum Areas

- Art
- Dramatic Play
- Language Acquisition
- Math Activities
- Movement/Gross Motor
- Music
- Science/Nature- focus on exploration and investigation
- Sensory Experiences

### Staff

Lead teachers at DMWS must hold 4 year college degrees. All staff are CPR/First Aid Certified and complete continuing education workshop credits each year.

### Ratios:

2's & 3's- 12 students to 2 teachers

Pre-K - 16 students to 2 teachers

# PRE-K PROGRAM



Duke Memorial Weekday School 504 West Chapel Hill Street Durham, NC 27701 www.dmws.org 919-688-5130





## Typical Pre-K Daily Schedule

9:00-9:30 Students Arrive/Free Play

9:30-9:45 Morning Gathering

9:45-10:30 Centers

10:30-10:50 Group Time

(songs, stories, finger play, Letter of the week, dramatic play)

10:50-11:20 Bathroom/Snack

11:20-11:45 Playground

11:50-Noon Prepare to Go Home

LUNCH BUNCH is available Tuesdays-Fridays for an additional fee. LUNCH BUNCH ends at 12:50.

Fitness and Music Classes meet each week.

# DEVELOPING THE TOTAL CHILD

DMWS creates learning environments to develop the total child. We construct experiences to promote development in the following areas: gross motor, fine motor, social, emotional, self-help, and intellectual growth. We emphasize literacy and provide experience with pre-reading skills. Science exploration and math manipulatives are integrated into our curriculum.

### **FITNESS**

DMWS fitness involves a variety of activities to build strength and coordination in addition to instilling a love of physical fitness and well being. Class begins with an active warm up that progresses through walking. marching, jogging, running, jumping, skipping, and galloping. A few warm up stretches are used to teach body parts and positional words such as up and down, in and out, near and far, front and back, across and around. A culminating game or activity is played to learn certain skills while teaching how to be part of a team. Such activities include jump ropes, hula hoops, bean bags, balls, scooters, ribbons, bowling, bocce, balance beam, parachute, and obstacle courses. When possible, fitness class complements the classroom curriculum and topics of study. Also taught is a health tip of the month: washing hands, exercising everyday, eating well, sleeping enough, brushing teeth, drinking water, covering the mouth when coughing.



Hula Hoops and Tambourines! What fun!



Christmas Story in the Sanctuary-Special Story time each December with Duke Memorial United Methodist Church Staff.



#### **ORFF BASED MUSIC**

On Wednesdays, children enjoy music class using the Orff Method. Children experience music through singing, playing instruments, movement, and stories. Our school has a variety of instruments for the children to play including: glockenspiels, xylophones, drums, guiros, and castanets.

#### PROCESS ART

Art activities promote exploration. The process is more important than the product for preschoolers. Art experiences with paint, playdough, stickers, glue, and scissors help with fine motor development.

